

# 2024 DISTRICT 26-5A TRACK AND FIELD MEET

## Canyon Cougar Stadium

### Schedule of Events

### Wednesday April 3, 2024

#### FIELD EVENTS

	<u>Long Jump</u>	<u>Triple Jump</u>	<u>Discus</u>	<u>Shot Put</u>	<u>High Jump</u>	<u>Pole Vault</u>
9:30 AM	V (B)	V (G)	V (G)	V (B)	JV (B)	V (G)
11:00 AM	JV (B)	JV (G)	JV (B)	JV (G)	V (B)	V (B) 11:30
12:30 PM	V (G)	V (B)	V (B)	V (G)	JV (G)	
2:00 PM	JV (G)	JV (B)	JV (G)	JV (B)	V (G)	JV (G) 1:30
3:30 PM				*WC		JV (B) 3:00

<u>FINALS</u>	<u>3200 METER RUN</u>
	9:30 am V (G)
	9:45 am V (B)
	10:00 am JV (G)
	10:15 am JV (B)

### Wednesday, April 3, 2024

#### RUNNING PRELIMS

4:30 PM	100 Meter Hurdles	JV-G	V-G		
4:40 PM	110 Meter Hurdles	JV-B	V-B		
4:50 PM	100 Meter Dash	JV-G	V-G	JV-B	V-B
5:15 PM	400 Meter Dash	JV-G	V-G	JV-B	V-B
5:40 PM	300 Meter Hurdles	JV-G	V-G	JV-B	V-B
6:00 PM	200 Meter Dash	JV-G	V-G	JV-B	V-B

### Thursday, April 4, 2024

#### RUNNING FINALS

#### 5:00 PM Relay cards due to the Finish Line

5:30 PM	4 x 100 Meter Relay	JV-G	V-G	JV-B	V-B	
5:45 PM	800 Meter Run	JV-G	V-G	JV-B	V-B	
6:05 PM	100 Meter Hurdles	JV-G	V-G			
6:15 PM	110 Meter Hurdles	JV-B	V-B			
6:25 PM	100 Meter Dash	JV-G	V-G	JV-B	V-B	*wc
6:35 PM	4 x 200 Meter Relay	JV-G	V-G	JV-B	V-B	
6:55 PM	400 Meter Dash	JV-G	V-G	JV-B	V-B	*wc
7:10 PM	300 Meter Hurdles	JV-G	V-G	JV-B	V-B	
7:25 PM	200 Meter Dash	JV-G	V-G	JV-B	V-B	
7:35 PM	1600 Meter Run	JV-G	V-G	JV-B	V-B	
8:05 PM	4 x 400 Meter Relay	JV-G	V-G	JV-B	V-B	

\*\* Running Finals Rain Date - Friday, April 5, 2024

\*wc= wheelchair